













Heritage Place Retirement Residence

May 30th – June 5th

Week #8

Ann S. ~ Manager, Recreation
Innovative Recreation Programming
**during COVID-19 Pandemic*

| | | | |
|---|--|---|--|
| <p>SATURDAY 30</p> | <p>HeritageWALK Times: 9:30am, 10am, 10:30am, 11am, 11:30am, 2pm, 2:30pm, 3pm, 3:30pm</p> | <p>Trivia Challenge <i>(will be delivered)</i></p> <p></p> | <p>2-3pm <i>Partyline</i> BINGO</p> <p></p> |
| <p>SUNDAY 31</p> | <p>HeritageWALK Times: 9:30am, 10am, 10:30am, 11am, 11:30, 2pm, 2:30pm, 3pm, 3:30pm</p> | <p>Mass with Father Ed...<i>Live Stream</i> <i>(link sent to your emails)</i></p> | <p>Religious Programs: <i>Glad Tidings Church:</i> <i>(20 minutes, view anytime)</i> <i>(link sent to your emails)</i></p> |
| <p>monday 1</p> | <p>HeritageWALK Times: 9:30am, 10am, 10:30am, 11am, 11:30am, 2pm, 3pm, 3:30pm, 4pm</p> | <p>2pm Virtual Exercise Class (HeritageFit~Weights)</p> <p></p> | <p>6:15-7pm <i>Outdoor Evening Concert</i> ~ Paula French</p> <p></p> |
| <p>TUESDAY TREATS 2</p> | <p>HeritageWALK Times: 9:30am, 10am, 10:30am, 11am, 11:30am, 2pm, 2:30pm, 3:30pm, 4pm</p> | <p>2pm <i>Tuesdaytreats</i></p> | <p>7pm <i>Partyline</i></p> <p></p> |
| <p>wacky HAT Wednesday 3</p> | <p>HeritageWALK Times: 9:30am, 10am, 10:30am 11am 11:30pm, 2pm, 2:30pm, 3pm, 3:30pm</p> | <p>10am Virtual Exercise Class (HeritageFit~Ball)</p> <p></p> <p>SHOPPERS DRUG MART  Order Day</p> | <p>wacky HAT Photo Day Join the FUN!</p> |
| <p>THURSDAY 4</p> | <p>HeritageWALK Times: 9:30am, 10am, 10:30am, 11am, 11:30am, 2pm, 2:30pm, 3pm, 3:30pm</p> | | <p> </p> |
| <p>FRIDAY 5</p> | <p>10:15am An <i>"Accordion Party"</i> ~ Joe May <i>(Balcony & Patio view)</i></p> <p></p> | <p>HeritageWALK Times: 11:30am, 2:30pm, 3pm, 3:30pm</p> <p>SHOPPERS DRUG MART  Delivery Day</p> | <p>2pm Virtual Exercise Class (HeritageFit~Weights)</p> <p></p> |
| <p>HeritageWALK </p> <p>Please call the <u>reception desk</u> and sign up in ANY of the available spots. *Please wear your walking shoes! *Reminder: Please stay on Heritage Place property*</p> | <p></p> | <p>Team Heritage Place...Let's celebrate!!! Don your favorite fedora, cap, cloche, derby or sunhat. Dig out your ceremonial best and tell the story behind it.</p> <p></p> | <p></p> |