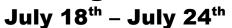


Heritage Place Retirement Residence



Week #15



Ann S. ~ Manager, Recreation **Innovative Recreation Programming** *during COVID-19 Pandemic

SATURDAY	18	Guided Meditation (15 minutes, view anytime) (link sent to your emails)		
SUNDAY	19	9am Mass with Father EdLive Streaming on YouTube (link sent to your emails) Religious Programs: Glad Tidings Church: (20 minutes, view anytime) (link sent to your emails)		
MONDAY	20	10am Outdoor Concert ~ Steve Miller (Balcony & Patio View)	2pm Virtual Exercise Class (HeritageFit~Cardio)	4pm Video Calls
TUESDAY TREATS	21	2pm Tuesdaytreats (popsicles & more)	4pm Virtual Exercise Class (HeritageFit~Ball)	7pm Virtual <i>Partyline BINGO</i> Night BINGO
The Deby WEDNESDAY	22	10am Virtual Exercise Class (HeritageFit~Weights) SHOPPERS 🔿 Order Day	2pm Virtual Partyline Derby Day	4pm Heritage Place
THURSDAY	23	10am Virtual Exercise Class (HeritageFit~Cardio)	2pm Virtual Partyline BINGO	4pm Video Calls
(WDAN FRIDAY	24		2pm Virtual Exercise Class (HeritageFit~Weights)	6:45pm Evening Outdoor Concert ~ John M (Best of the Crooners) (Balcony & Patio View)



