













Heritage Place Retirement Residence


April 25th – May 1st

Week #3

Ann S. ~ Manager, Recreation Innovative Recreation Programming

❖ during COVID-19 Pandemic


SATURDAY 25	10am, 10:30am, 11am, 11:30am, 12pm ~ HeritageWALK			
SUNDAY 26	10am, 10:30am, 11am, 11:30am, 12pm ~ HeritageWALK			
Monday MADNESS 27	10am, 10:30am, 11am, 11:30am, 12pm ~ HeritageWALK 2-3pm Partyline BINGO 4pm Video Calls ~Families & Friends			
TUESDAYTREATS 28	Virtual Entertainment (1hr. view anytime) ~Tristan A.: <i>YouTube Show ~ (link sent to your emails)</i> 10am Virtual Exercise Class ~ HeritageFit~Weights (please check your emails) 11am 11:30am, 12pm ~ HeritageWALK 2pm Tuesdaytreats & Trivia 4pm Video Calls ~ Residents & Staff			
WayBack Wednesday 29	10am Virtual Exercise Class ~ HeritageFit ~ Cardio (please check your emails) 11am Gratitude Journals: (materials will be delivered) ~ 11-12pm 1:30pm, 2pm, 2:30pm, 3:30pm, 4pm, 4:30pm ~ HeritageWALK 4pm Video Calls ~ Heritage Place Friends			
THANKFUL thursday 30	10am, 10:30am, 11am, 1:30am, 12pm~HeritageWALK 2-3pm Partyline BINGO 4pm Video Calls & Travelogue			
SPRING Fling 	10am Virtual Exercise Class ~ HeritageFit~Weights (please check your emails) 11am 11:30am, 12pm ~ HeritageWALK 2-3:30pm Outdoor Spring Fling Concert ~ Aidan P. ~ (Balcony & Patio View) 2pm: South Front 2:25pm- North Front 2:45pm North Back 3:10pm South Back			 

HeritageWALK 

Please call the reception desk and sign up in one of the available spots.

***Please wear your walking shoes!**

Reminder: Please stay on Heritage Place property

Partyline BINGO 

Monday, April 27, 2pm
&
Thursday, April 30, 2pm

Do you have a SUGGESTION?
(we are listening & want to hear from you)

Thank you!